

# Sports Physicals for USD 501 Athletes

**Are you a USD 501 middle school or high school student needing a sports physical? Campus Care can help!**

Campus Care, located at Topeka High School, is offering low-cost sports physicals for all USD 501 middle school and high school athletes. Physicals are performed by the clinic family nurse practitioner, Dr. Ashley Dinkel. This exam meets the annual requirement in Kansas.

## When

Sports physicals are available on Mondays, Wednesdays and Fridays from 9 a.m. to 2 p.m. (when school is in session).

## Where

Campus Care  
Topeka High School, Room 101  
800 SW 10th St.  
Topeka, KS 66612

## Cost

\$20 (bill mailed after visit)

## What is required?

Please call or email the clinic to obtain consent forms that must be signed by a parent/guardian before the visit. The sports physical form can be obtained from the school or KSHSAA.org and must be completed before the visit. A copy of the insurance card (if applicable) is also needed to keep on file. A parent/guardian does not need to be present at the visit.

## Clinic staff

Ashley Dinkel, DNP, APRN, FNP-BC  
Family Nurse Practitioner

## Contact us

Phone: 785-295-3256

Email: THSCampusCare@KUMC.edu

*From the Kansas State High School Activities Association: "The annual history and the physical examination shall not be taken earlier than May 1 preceding the school year for which it is applicable. The KSHSAA recommends completion of this evaluation by athletes/cheerleaders at least one month prior to the first practice to allow time for correction of deficiencies and implementation of conditioning recommendations."*

